

#ADREAMERLIFE

FEBRUARY



#ADREAMERLIFE

FEBRUARY

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

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LIFESTYLE TRACKER

February	Habbits tracked				
1					
2					
3					
4					
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26					
27					
28					

Key

You can use two types of keys to complete this tracker, a color key or a sign key. I prefer using them this way, but feel free to personalize it based on your needs.

Signs:

- ✘ - missed
- ✔ - done

Color code:

- ♥ - amazing (mood) / 100% completed
- good / 75%
- normal, average / 50%
- meh, it could've been better / 35%
- bad, 25%
- awful, 0%
- kill me now
- incomplete
- perfection



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GOALS

IMPORTANT

BIRTHDAYS



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WEEK 6

1-6 FEBRUARY

GOALS

IMPORTANT



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TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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SATURDAY

SUNDAY

Any step is better than no step.



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WEEK 7

7-13 FEBRUARY

GOALS

IMPORTANT



#ADREAMERLIFE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



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FRIDAY

SATURDAY

SUNDAY

Make the 10 year old you, proud!



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WEEK 8

14-20 FEBRUARY

GOALS

IMPORTANT



#ADREAMERLIFE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



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FRIDAY

SATURDAY

SUNDAY

You won't relive today, so don't waste it!



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WEEK 9

21-27 FEBRUARY

GOALS

IMPORTANT



#ADREAMERLIFE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



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WEEK 10

28 FEBRUARY

GOALS

IMPORTANT



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MONDAY