

SELF LOVE

MEDITATE
READ
MAKE A PLAYLIST
FACE MASK
LONG BATHS
SPEND TIME ALONE
KEEP A JURNAL

HEALTH

DETOX
DRINK 2L WATER
GET FIT
CARDIO
EAT LOW PROCESSED FOOD

LOVE

HAVE A DATE EVERY WEEK

STARGAZE
SHOW GRATITUDE
MAKE A SURPIZE FOR YOUR LOVED ONE
START A COUPLE ACTIVITY

FRIENDS

GO OUT ONCE A WEEK

CAMP

SHARE STORIES
BURRY A TIME CAPSULE
SHOW GRATITUDE
HAVE SLEEP OVERS

FAMILY

FAMILY NIGHT ONCE A WEEK
SHOW GRATITUDE
HELP AROUND THE HOUSE
HOST A FAMILY PARTY
HAVE A FAMILY TRIP
START A FAMILY TRADITION

CAREER

APPLY FOR COLLEGE/MASTER OR OTHER CLASSES
DEPENDING ON YOUR AGE
MAKE A VISION BOARD
SET GOALS
WORK ON YOUR DREAM AT LEAST 2H/WEEK
LEARN A NEW SKILL
LEARN A NEW LANGUAGE
GET ADRIVER'S LICENCE
GET A SUMMER JOB
START A BLOG

OTHER

HAVE A WATER FIGHT
CATCH UP WITH YOU TV SHOWS
SPEND A DAY IN NATURE
DETOX FROM TECHNOLOGY
CUT OFF TOXIC PEOPLE FROM YOUR LIFE
TRAVEL
MAKE FALL BUCKET LIST
RIDE A BIKE
ONE DAY TRIP
ADOPT PETS
START COOKING OR BAKING
START CRAFTING

ONLY IN SUMMER

DOCUMENT YOUR SUMMER

CATCH FIREFLIES

EAT ICECREAM AND WATERMELONS TILL

YOU CAN'T NOMORE

ENJOY FRESH PICKED FRUITS

SLEEP LATE

SUNFLOWER /WHEAT/LAVENDER PHOTOSHOOTS

WATER FIGHT

SLEEP UNDER THE STARS

#adreamerlife