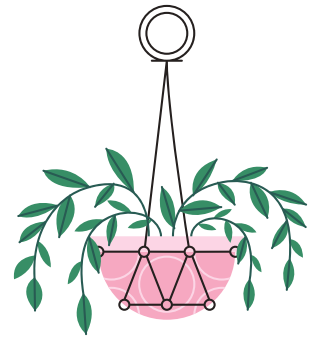


# Mood tracker



1.	
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28.	
29.	
30.	

Use this mood tracker to keep  
an eye on your mood  
Use only seven colours

**REALLY GOOD DAY**

**GOOD DAY**

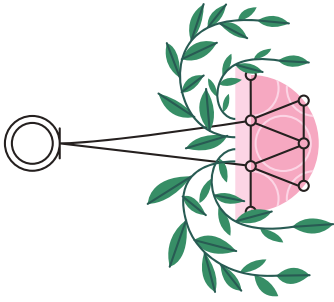
**ORDINARY DAY**

**MEH-KIND OF DAY**

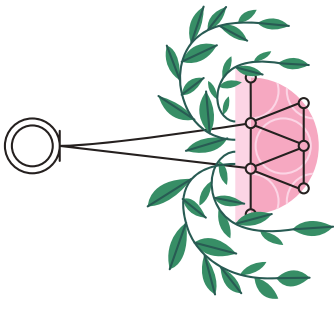
**BAD DAY**

**REALLY BAD DAY**

**SICK DAY**



# "IT TAKES ONLY 21 DAYS TO START OR BREAK A HABBIT"



HABBIT TRACKER																														
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
2L																														
H2O/Day																														
At least 6h/sleep																														
Work out																														
Meditation																														
Working for DREAMS																														
Breakfast																														

USE THIS HABBIT TRACKER TO OBSERVE YOUR HABBITTS AND MAYBE,  
START A NEW ONE

